

MCDH presents COVID-19 Update

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Medical Advisor

McHenry County Department of Health

815-334-4500

May 27, 2020



Health Department

- + COVID-19 (Novel Coronavirus)
- Board of Health
- + Health Administration
- + Veterinary Division (Animal Control)
- + Environmental Health
- + Public Health Nursing
- + Data and Reports
- + Emergency Preparedness & Response
- + School Nurse Website
- Public Health Ordinance
- Department Contact Info
- A to Z Topic List for MCDH
- Dental Information
- FOIA Request
- Health Facebook Feed
- Health Twitter Feed

HEALTH DEPARTMENT

Melissa H. Adamson, MPH
Public Health Administrator



[A-to-Z Topic List for MCDH](#)

Translate this page:

County Government » DEPARTMENTS » Health Department

Health Department

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A note to our residents and partners:

The McHenry County Department of Health released a statement April 11 after a temporary order mandated the Department provide law enforcement with the names of individuals who test positive for COVID-19. [View the statement.](#) On April 14, MCDH filed a motion to dissolve the court's April 11 decision. The news release is available [here](#). MCDH remains committed to protecting the public's health and working with our partners across the county to carry out our mission.

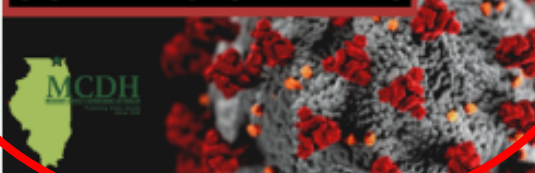
Get the latest COVID-19 [guidelines and updates](#).

For more information, call:

Call: 800-889-3931

Email: DPH.SICK@ILLINOIS.GOV

COVID-19 UPDATES



EXECUTIVE ORDER MAY 1, 2020

NEWS

Long-Term Care Facilities and Reporting of Confirmed Cases

4/27/2020 8:10:01 AM

MCDH Seeks Dissolution of Temporary Restraining Order to Protect Privacy Rights

4/15/2020 5:26:48 PM

MCDH Statement on Court Decision

4/11/2020 2:14:27 PM

More »

EVENTS

Memorial Day - CLOSED
05/25/2020

Independence Day - CLOSED
07/03/2020

Labor Day - CLOSED

www.mcdh.info

Click here for COVID-19
Information page

- Actively planning alternate housing for recovery of medically stable patients that need a safe place to stay to complete isolation or quarantine
- Continuing to run needed MCDH services such as WIC, immunizations for children under 2, TB clinics and other programs to support our community
 - Sharing information with the public, partners and staff via email, website and social media.

As of May 14, 2020, there have been 1110 identified cases of COVID-19 in McHenry County and 59 deaths. The death(s) reported today: 1 male 50s

View the [McHenry County COVID-19 Dashboard](#) to see confirmed cases by zip code, race, gender, etc. here.

The data provided on this webpage is updated daily between 4 a.m. and 6 p.m. The data is provisional and subject to change upon completion of the investigation for each locally reported case to MCDH. MCDH reports investigation data to the IDPH through the Illinois-National Electronic Disease Surveillance System (I-NEDSS) on a continual basis. Based on when IDPH accesses the information, the reports issued at the state level may be different from what is being reported at the local level.

For General COVID-19 Questions:

WEB

coronavirus.illinois.gov

PHONE

[800-889-3931](tel:800-889-3931)

EMAIL

dph.sick@illinois.gov



[Access to Healthcare](#)



[Business Resources](#)



[Community Resources](#)



[COVID-19 Dashboard](#)



[First Responder Resources](#)



[Healthcare Facility Guidelines](#)



[Healthcare Professional Guidelines](#)



[Home Healthcare Guidance](#)



[Long-Term Care Facility Guidelines](#)



[People at Higher Risk](#)



[Schools and Students Guidelines](#)



[Travel Guidelines](#)



[Volunteer Opportunities](#)

Press Releases

Select county stats & other information easily via tiles

Cases: McHenry County, IL, US

McHenry County Cases

1,375

Source: McHenry County Department of Health

McHenry County Deaths

69

Source: McHenry County Department of Health

Illinois Cases

107,796

Source: IDPH as of 5/23/2020 5:00 PM

Illinois Deaths

4,790

Source: IDPH as of 5/23/2020 5:00 PM

USA Cases

1,595,885

Source: CDC as of 5/23/2020 5:00 PM

USA Deaths

96,002

Source: CDC as of 5/23/2020 5:00 PM

*All data is provisional as of 5/26/20 and is subject to change.

MCDH Case Statistics

All Cases

Statistic	All Cases
Cases	1475
Deaths	72
Hospitalized	345
Discharged from Hospital	296
Recovered	726

Cases Associated with LTCF Outbreak

Statistic	Associated with LTCF Outbreak	Not Associated with LTCF Outbreak
Cases	306	1169
Deaths	56	16
Hospitalized	131	214

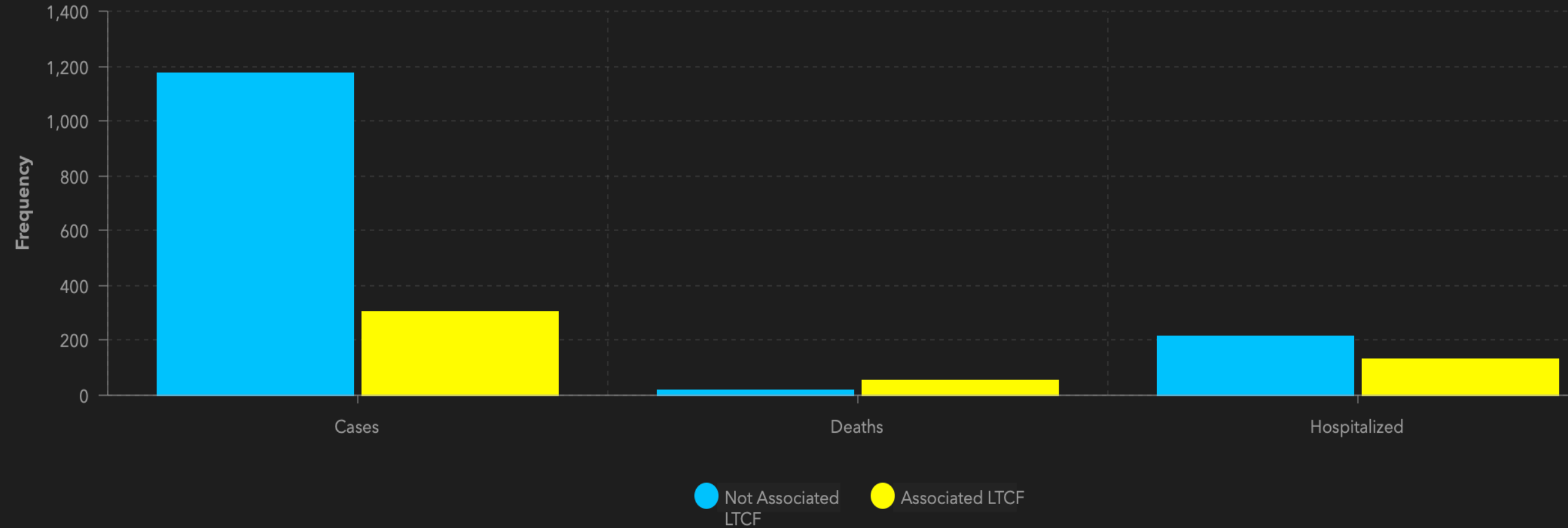
Race/Ethnicity Disparities

Race/Ethnicity	Cases	Percentage of Total Cases	Cases per 10,000 Pop.
Non-Hispanic White	643	43.6%	25.6
Non-Hispanic Black	26	1.8%	62.5
Non-Hispanic Asian	45	3.1%	54.2
Non-Hispanic Other	10	0.7%	19.9
Hispanic or Latino	518	35.1%	131.7
Unknown	233	15.8%	-

*All data is provisional as of 5/26/2020 and subject to change; data for the number of cases discharged from the hospital and the number of cases recovered is actively being investigated and is likely an underestimate

Cases/LTC

Community Cases versus Long Term Care Facility (LTCF) Outbreak Cases



*All data is provisional as of 5/26/20
And is subject to change.



After 2 symptomatic residents tested positive...

CDC.GOV



All staff and residents were tested

- 8 staff tested positive
- 19 residents tested positive

bit.ly/MMWR52220

✓ Serial testing of residents performed until all were negative

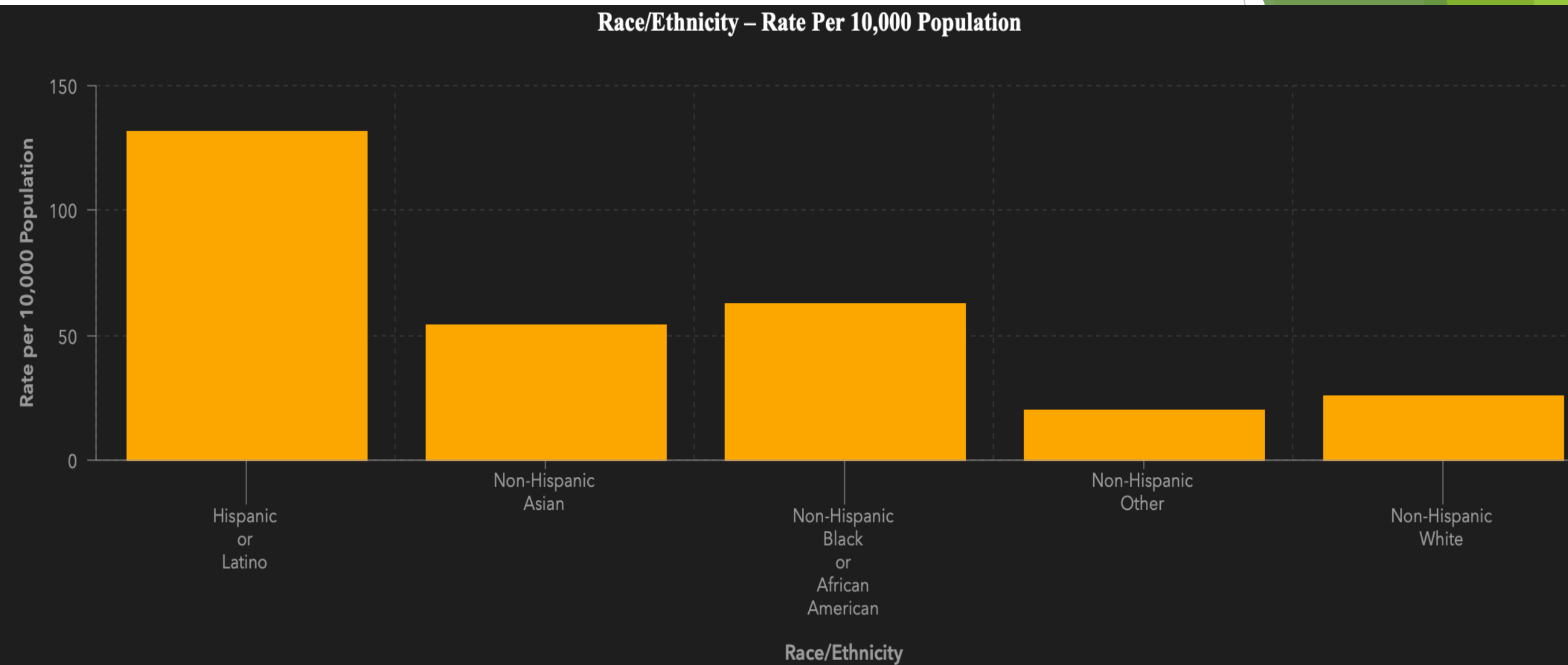


✓ All infected residents were transferred to isolation

MMWR

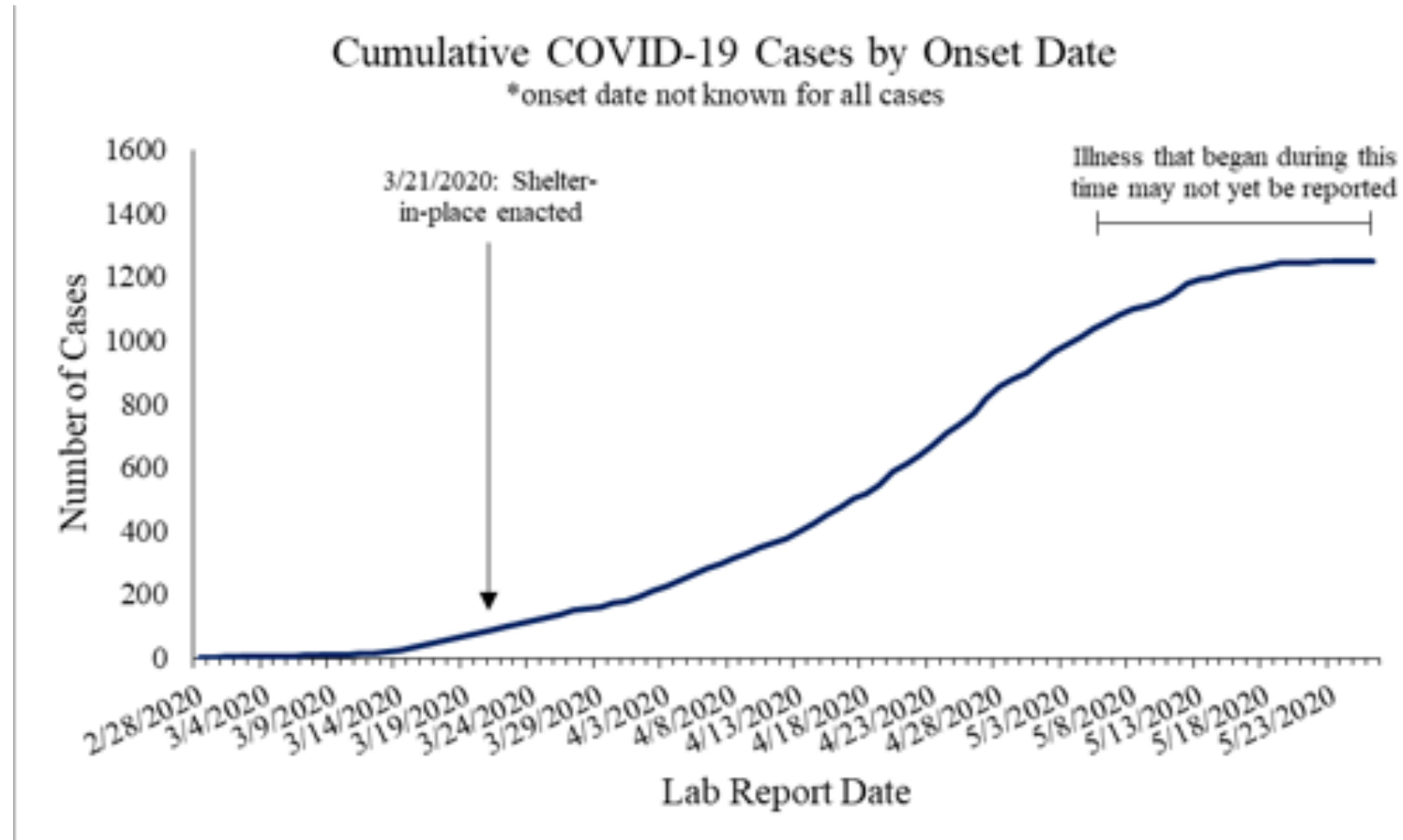
[LTC study link](#)

Racial Disparity in Cases



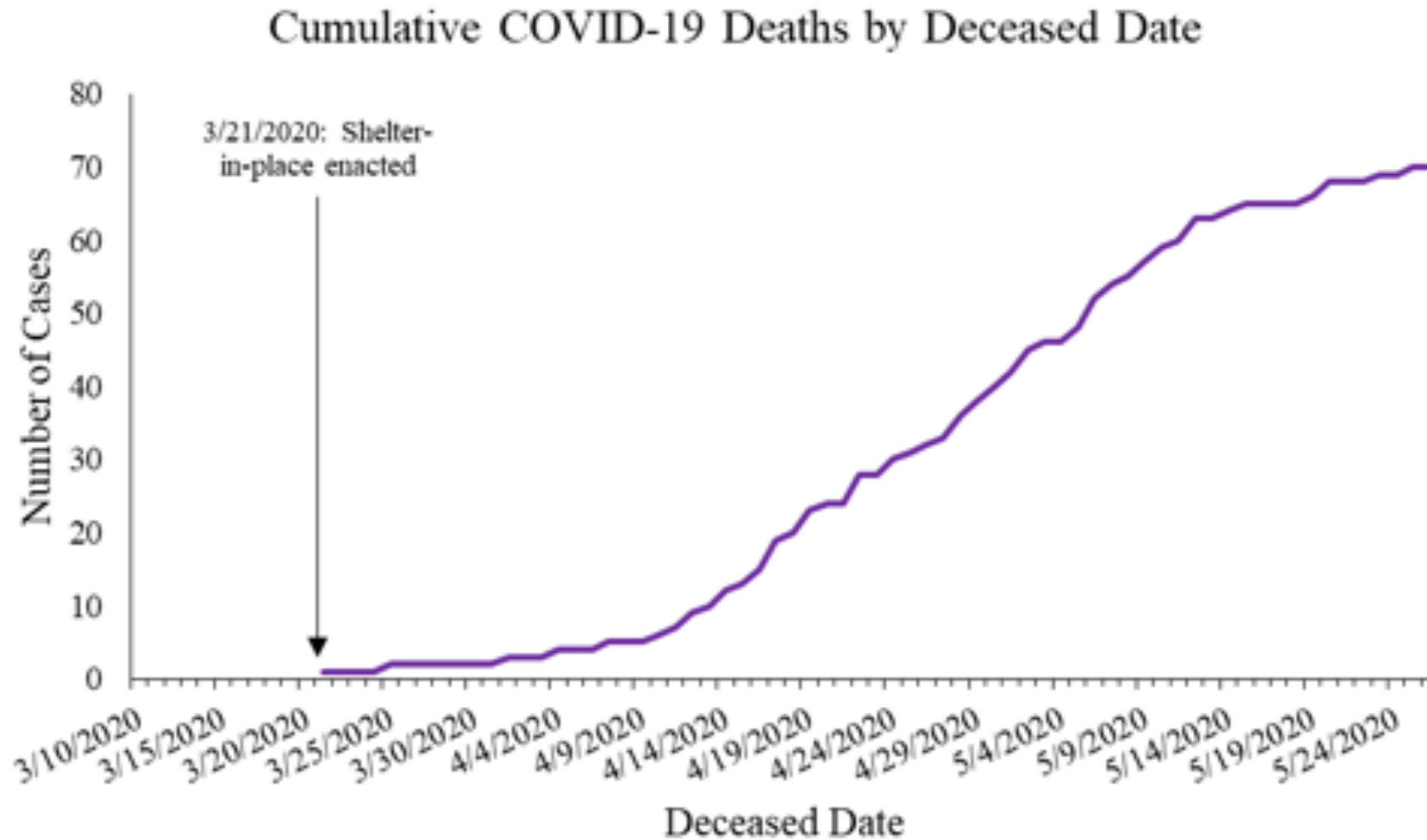
*All data is provisional as of 5/26/20 and is subject to change.

Cases by Positive Test Date



*All data is provisional as of 5/26/20 and is subject to change.

Deaths by Date



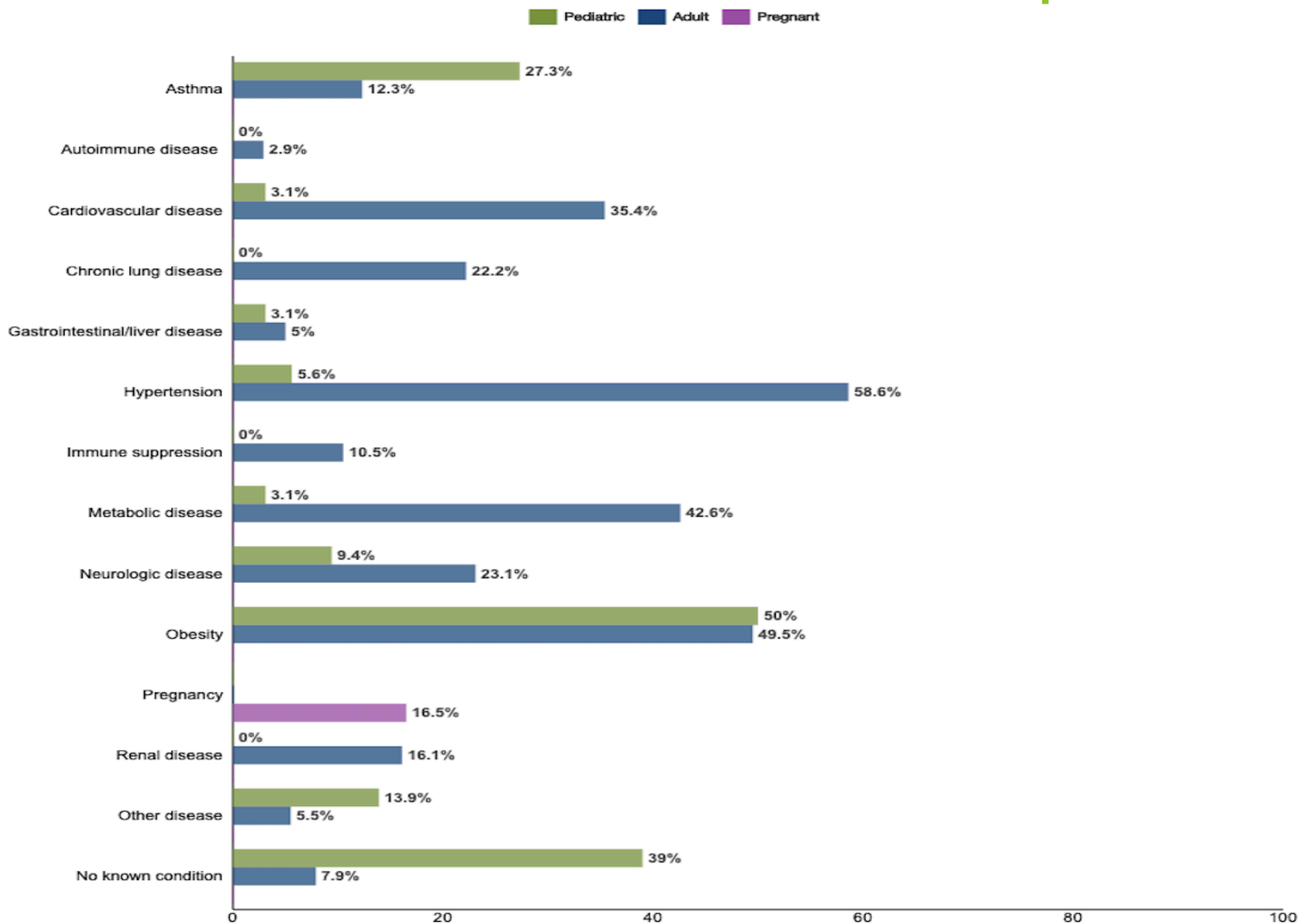
*All data is provisional as of 5/26/20 and is subject to change.

Perspective

Cases by County	Cases per 100,000 population
McHenry	477
Cook	1,398
Los Angeles	448
San Francisco	239
Queens	2,690
Bronx	3,112

Source: usafacts.org
As of 5/25/20

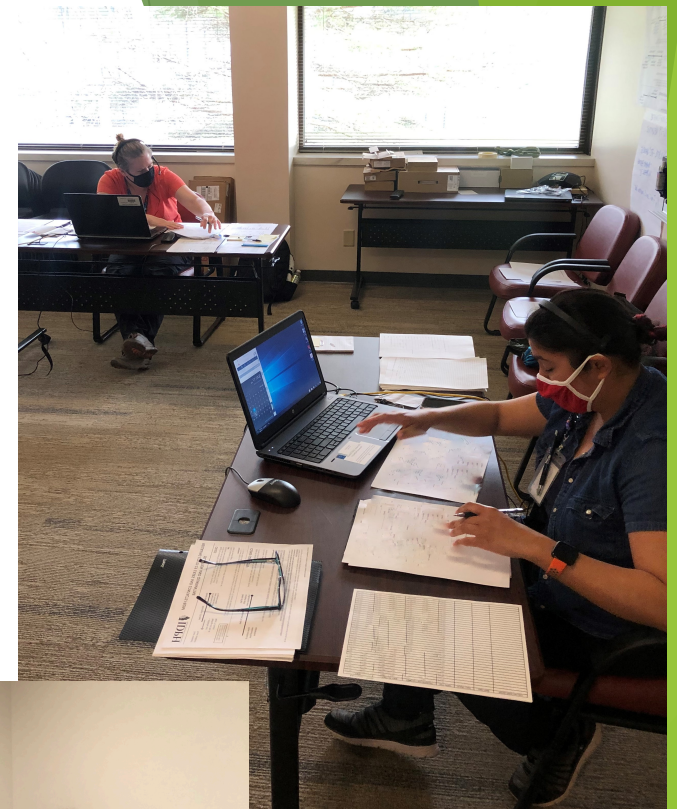
Comorbidities associated with Hospitalizations



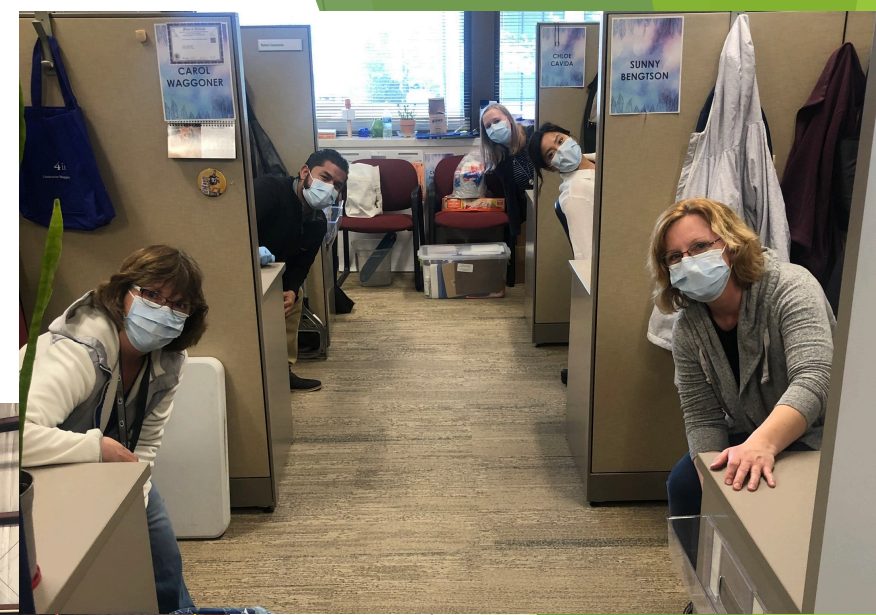
Source: [COVID-NET cdc.gov](https://covid-19.cdc.gov/)
represents 14 states
data as of 5/16/20

MCDH COVID-19 Response

- ▶ Mandated responsibility to follow the science, develop plans, and work in concert with emergency management, health systems, civic partners, and the community to protect all of McHenry County
- ▶ Answer community concerns: press releases, social media, website, call center
- ▶ Communicable Disease
 - ▶ Community investigations
 - ▶ Facility Outbreak Investigations
 - ▶ [LTC guidance](#)
 - ▶ [Workplace safety](#)
 - ▶ Isolation/Quarantine orders and follow-up



- ▶ Epidemiology
 - ▶ Surveillance
 - ▶ MCDH Dashboard
 - ▶ Modeling
- ▶ PPE distribution
 - ▶ IDPH, FEMA, IEMA
 - ▶ First responders, Long Term Care facilities, physician/dental offices
- ▶ Collecting cloth masks for community distribution



**As of 5/20/20, N95 masks: 38,306 Surgical Masks: 93,750 Gloves: 116,300
Face Shields: 9,445 Glasses: 3,409 Gowns: 2,273**

- ▶ Ongoing Clinics
 - ▶ TB
 - ▶ Immunizations <2 yrs. as priority
 - ▶ High risk Infant follow-up
 - ▶ WIC coupon pick-up
- ▶ Environmental and Veterinary Health
 - ▶ Permits/inspections
 - ▶ Complaint calls
 - ▶ Kennel operations
 - ▶ Assisting Nursing with COVID-19 response



Food Insecurity

- ▶ Patient Screening Form
- ▶ WIC contact 815-334-4505

[MCDH WIC](#)



WIC Serves

Pregnant, breastfeeding and postpartum women, infants, and children up to 5.

For further information:
cawaggoner@mchenrycountyil.gov

- ▶ SNAP outreach/applications 844-600-7627
 - ▶ Northern Illinois Food Bank [NIFB COVID link](#)
- Mobile food pantries

Within the past 12 months we worried whether our food would run out before we got money to buy more.

- Often true
- Sometimes true
- Never true

Within the past 12 months the food we bought just didn't last and we didn't have money to get more.

- Often true
- Sometimes true
- Never true



McHenry County Mental Health Board

IN A CRISIS? JUST NEED TO TALK? CAN'T FIND HELP?

McHENRY COUNTY HELPING NUMBERS



McHELP App is a quick click to reach immediate crisis support and information via text or voice. Anonymous access to trained, licensed crisis counselors in times of emergency, concern, anxiety or need. **The app can be downloaded from Apple Store or Google Play.**



NWM Crisis Services serves as the first point of contact for callers in need of immediate assistance for mental health emergencies. Crisis line professionals are also available to help people with intense personal, family and/or marital problems.
1-800-892-8900



United Way 211 is available 24/7 to make referrals to health and human service agencies—from mortgage, rent, and utility assistance to food banks, child care, health services, job training, clothing, emergency shelter, counseling and much more.
2-1-1



The McHenry County Mental Health Board is able to assist with questions regarding mental health and substance abuse resources available in McHenry County.
815-455-2828

McHenry County Mental Health Resource Guide 2020

Home to comprehensive mental health services, McHenry County Mental Health Board encourages direct connections with services. Access to the organizations listed in this Resource Guide can be via phone, web, or connect through the MCHelp app available for free download on iTunes or Google.

For more information about these individual services, visit their websites or contact the McHenry County Mental Health Board.

Twenty Second Judicial Circuit Specialty Courts
815-334-4913 | <https://www.mchenrycountyil.gov>

Alexian Brothers Behavioral Health Hospital
Youth Outpatient Hospitalization Programs
855-MyAMITA | <https://www.amitahealth.org/services/behavioral-medicine>

Association for Individual Development (AID)
Psychiatric and Behavioral Tele-Health Services
847-931-2340 | <https://www.aidcares.org/>

Aunt Martha's Health and Wellness, Inc. – Psychiatric Tele-Health Services
708-747-8111 | <https://www.auntmarthas.org>

Behavioral Perspectives, Inc. - Applied Behavioral Analysis Resource
331-431-4006 | <https://behavioralperspectiveaba.com/>

Child Advocacy Center of McHenry County, Inc. - Secondary Trauma Services
815-334-9597 | <https://mchenrycac.org/>

Clearbrook - CHOICE Program and Respite services
815-893-0012 | <http://www.clearbrook.org/>

Community Health Partnership of Illinois – Bilingual Mental Health Services
815-943-4339 | <http://www.chpofil.org/>

Consumer Credit Counseling Service of Northern Illinois, Inc.
Financial Counseling
815-338-5757 | <http://www.illinoiscccs.org/>

Family Health Partnership Clinic – Service Navigation and Mental Health Services
779-220-9300 | <http://hpcclinic.org/>

Greater Elgin Family Care Center (McHenry Community Health Center)
Psychiatric Tele-Health
815-363-9900 | <http://gefcc.org/locations/mchenry-community-health-center/>

Harvard Community Senior Center - PEARLS Program
Depression in the Elderly
815-943-2720 | <http://harvardseniorcenter.org/>

Home of the Sparrow, Inc. - Case Management Services
815-271-5444 | <https://www.hosparrow.org/>

Horizons Behavioral Health Professional Services, LLC – Psychiatric Services
815-455-7100 | <http://www.horizonabh.com/>

Independence Health and Therapy – Psychiatric, Brain Injury, Mental Health Services
815-338-3590 | <https://www.independencehealth.org/>

Live 4 Lali, Inc. - McHenry County Harm Reduction, Narcotics, and Recovery Program
844-LV4-LALI | <https://live4lali.org/>

Mathers Community Mental Health Center, LLC
Psychiatric and Opiate Recovery Services
773-775-2800 | <http://www.themathersclinic.com/>

National Alliance on Mental Illness (NAMI) McHenry County Recovery Support Services
815-308-0855 | <http://namimchenrycounty.org/>

New Directions Addiction Recovery Services
Sober Living Case Management
779-220-0336 | <http://ndars.org/>

Northwestern Medicine – Crisis Line and Mental Health Services
815-338-2500 | <https://www.nm.org/locations/woodstock-hospital>

Northern Illinois Special Recreation Association (NISRA)
Community Integration Services
815-459-0737 | <http://www.nisra.org/>

Northwest Center Against Sexual Assault
Sexual Assault Intervention Program
815-671-4004 | <http://www.nwcasa.org/>

Options & Advocacy – Autism Resource Center
815-477-4720 | <http://www.optionsandadvocacy.org/>

Pioneer Center for Human Services – Day Programs, Autism, and PADS Services
815-344-1230 | <http://www.pioneercenter.org/>

Rosecrance, Inc. – Psychiatric, Tele-Health, Mental Health & Substance Abuse Services
815-363-6132 | <http://www.rosecrance.org/>

Thresholds - Community Support Mental Health Services
815-679-4622 | <http://www.thresholds.org/>

Transitional Living Services, Inc. dba TLS Veterans
Veteran Mental Health and Peer Services
815-679-6667 | <http://www.tlsveterans.org/>

Turning Point, Inc – Domestic Violence Services
815-338-8081 | <http://www.turnpt.org/>

Youth and Family Center of McHenry County
Adult & Youth Prevention and Support Services
815-322-2357 | <https://yfc-mc.org/>

Link to guide:
[McHenry Co MH Guide](#)

or the MCHelp Mobile App for information and referral. On the web, visit www.MC708.org



Senior Services

www.seniorservicesassoc.org

SENIOR SERVICES ASSOCIATES, INC.

KANE COUNTY | KENDALL COUNTY | McHENRY COUNTY

Information • Assistance • Resources • Programs • Services

Dedicated to preserving seniors independence, promoting mental and physical well-being and protecting their rights and dignity.

Aurora 630.897.4035 | Crystal Lake 815.356.7457 | Elgin 847.741.0404

McHenry 815.344.3555 | Yorkville 630.553.5777



HOW ARE YOU FEELING?

If you are experiencing a fever, cough or shortness of breath, please seek immediate medical attention.

Feeling anxious about the current changes? Please call us for guidance and advice.

If you feel lonely, you can reach the Institute on Aging's Friendship Line: 800.971.0016

DO YOU HAVE ENOUGH FOOD TO EAT?

Senior Services Associates provides access to home delivered meals, food pantry items, and proxy shoppers who will do the shopping for you. We are here to assist you to BE HEALTHY - at no cost to you.



WHAT DO YOU NEED? WE CAN HELP!

Do you have prescriptions which need to be refilled?

Are you running out of household cleaning supplies, personal hygiene items, or personal medical care supplies? CALL US



DO YOU NEED TRANSPORTATION?

Senior Services Associates assists with transportation to/from medical appointments. Volunteers provide free transportation for seniors. Contact us in advance when possible, so we can arrange your ride.



Aurora 630.897.4035
Crystal Lake 815.356.7457
Elgin 847.741.0404
McHenry 815.344.3555
Yorkville 630.553.5777

For up-to-date information, visit our website:

www.seniorservicesassoc.org

STAY WELL • REMAIN VIGILANT • TAKE CARE



COVID-19 Associated Findings

- ▶ Association Between COVID-19 and Thromboembolism
 - ▶ NIH recommends no outpatient monitoring or anticoagulant therapy for non-hospitalized COVID positive patients
 - ▶ Increased incidence of stroke in people under 50, rare, NY
- ▶ Diminished sense of taste and smell*
 - ▶ 10x more likely with COVID than ILI
- ▶ “COVID-toe”
 - ▶ ?post-viral immune response
 - ▶ Report to AAD COVID Registry



*Carol H. Yan, Farhoud Faraji, Divya P. Prajapati, Christine E. Boone, Adam S DeConde. **Association of chemosensory dysfunction and Covid-19 in patients presenting with influenza-like symptoms.**

International Forum of Allergy & Rhinology, 2020; DOI:

[10.1002/alr.22579](https://doi.org/10.1002/alr.22579)

Photo: Dr. Amy Paller, Northwestern Univ.

Multisystem Inflammatory Syndrome in Children and Adolescents

Report Suspect Cases
To MCDH

- An individual aged <21 years presenting with feverⁱ, laboratory evidence of inflammationⁱⁱ, and evidence of clinically severe illness requiring hospitalization, with multisystem (≥ 2) organ involvement (cardiac, renal, respiratory, hematologic, gastrointestinal, dermatologic or neurological); AND
- No alternative plausible diagnoses; AND
- Positive for current or recent SARS-CoV-2 infection by RT-PCR, serology, or antigen test; or COVID-19 exposure within the 4 weeks prior to the onset of symptoms

ⁱFever $\geq 38.0^{\circ}\text{C}$ for ≥ 24 hours, or report of subjective fever lasting ≥ 24 hours

ⁱⁱIncluding, but not limited to, one or more of the following: an elevated C-reactive protein (CRP), erythrocyte sedimentation rate (ESR), fibrinogen, procalcitonin, d-dimer, ferritin, lactic acid dehydrogenase (LDH), or interleukin 6 (IL-6), elevated neutrophils, reduced lymphocytes and low albumin

Suspected cases of MIS-C should
be referred immediately to a
tertiary care center

Source: [CDC Health Alert](#)

IDPH Current Community Based Testing Guidelines

“Anyone with COVID-19-like illness or symptoms can get a test, even without a doctor’s order.”

- ▶ As testing capacity expands, testing is now available for people who:
 - ▶ Have COVID-19 symptoms (cough, shortness of breath and fever) OR
 - ▶ Have a risk factor, such as
 - ▶ Contact with someone confirmed to have COVID-19
 - ▶ A compromised immune system or a serious chronic medical condition
- ▶ Testing is also available for those with or without symptoms who:
 - ▶ Work in a health care facility
 - ▶ Work in correctional facilities, such as jails or prisons
 - ▶ Serve as first responders, such as paramedics, emergency medical technicians, law enforcement officers or firefighters
 - ▶ Support critical infrastructure, such as workers in grocery stores, pharmacies, restaurants, gas stations, public utilities, factories, childcare and sanitation

McHenry County Area Testing Sites

► coronavirus.illinois.gov/s/testing-sites

<u>Testing Location</u>	<u>City</u>	<u>Site Hours</u>	<u>Days of Operation</u>	<u>Requirements</u>
Northwestern-Huntley Hospital	Huntley	9:00am-8:00pm	Daily	Testing requires an order from a Northwestern Medicine physician. That order can be obtained by calling the COVID hotline if the patient falls into the testing criteria.
Northwestern-McHenry Hospital	McHenry	9:00am-8:00pm	Daily	Testing requires an order from a Northwestern Medicine physician. That order can be obtained by calling the COVID hotline if the patient falls into the testing criteria.
Greater Elgin Family Care Center McHenry Community Health Center	McHenry	8:00am - 4:00 pm	Monday-Friday	Appointments are required.
Physicians Immediate Care - Elgin	Elgin	8:00AM - 4:30PM; 8:00AM - 2:00 PM	Monday - Friday; Saturday - Sunday	Curbside exam to determine if testing is appropriate; capacity may be limited
Mercy Hospital-Harvard	Harvard	9:00am-6:00pm, 12:00pm-4:00pm	Monday-Friday, Saturday-Sunday	Physician order, must be entered in EPIC EMR or faxed copy with diagnosis after calling the testing site.

Other Testing Options

- ▶ Lab-Corp
 - ▶ PCR collected at your office
 - ▶ “Pixel” on-line order of at home test kit with nasal swab available only for HCWs and 1st responders currently
- ▶ Quest Diagnostics
 - ▶ PCR tests collected at your office or drive through with self-collection nasal swab at some locations
 - ▶ Antibody Tests - can be purchased on line directly by patient after answering questions. Blood draw at local site IF WELL (at least 10 days after onset of sx or never with symptoms)
- ▶ **IDPH Community Based Testing Sites 8am-4pm daily**
 - ▶ UIC Rockford (500) 1601 Parkview Ave.
 - ▶ Harwood Heights, Markham Drive, Aurora Premium Outlet (300), Waukegan, Chatham Movie Theater
 - ▶ Rolling Meadows HS, 2901 Central Rd. open 5/22
- ▶ **Lurie Children’s Drive Through** by appointment and HCP referral

CVS testing sites

[CVS link](#)

COVID-19 testing

We're adding new testing locations as quickly as possible. If you don't see one near you, check again soon.

Choose a time. Drive up. Get tested.

See if you qualify to get a COVID-19 test.
We are working quickly to add new testing locations.



Cost to You

\$0

per test²



Lab testing

2-4

days³

Get tested

Tests are limited to qualified residents in certain states.

Where do you live?

Illinois



Availability is limited in your state.

Submit



Safer Testing: Self collected Nasal Swab

Protective Practices for Healthcare Providers Performing Nasal (Anterior Nares) Specimen Collection

- For healthcare providers collecting nasal (anterior nares) specimens, or within 6 feet of patients suspected to be infected with SARS-CoV-2:
 - Maintain proper infection control and use recommended personal protective equipment (PPE), which includes an N95 or higher-level respirator (or facemask if a respirator is not available), eye protection, gloves, and a gown, when collecting specimens.
- For healthcare providers who are observing patient self-collection of nasal (anterior nares) samples, so are therefore handling specimens, but are not directly involved in collection and not working within 6 feet of the patient:
 - Follow Standard Precautions
 - Gloves are recommended. Note that healthcare personnel are recommended to wear a form of source control (facemask or cloth face covering) at all times while in the healthcare facility.
 - PPE use can be minimized through patient self-collection *while the healthcare provider maintains at least 6 feet of separation.*



Insert 1" (0.5cm)

Source: [CDC nasal collection](#)
[More info on collection](#)

Physician COVID-19 Reporting

- ▶ If you do not report positive cases directly to I-NEDSS, please send lab report to MCDH confidential fax 815-334-0191
- ▶ Call case investigators 815-334-4500 with questions
- ▶ After testing, tell patients to isolate while they await results, and to expect a call from MCDH to gather further information if they are positive

Isolation Rules

- ▶ ASSESS IF ABLE TO ISOLATE SAFELY
- ▶ Stay home except to get medical care
- ▶ Separate from others in home
- ▶ Monitor symptoms
- ▶ Advice on When to Seek Emergency Medical Attention
- ▶ Call ahead before visiting the office or ER
- ▶ Wear a cloth covering over nose and mouth
- ▶ Clean hands well and often
- ▶ Avoid sharing personal household items
- ▶ Clean all “high-touch” surfaces frequently



Source: CDC.gov

Alternate Housing Site - Woodstock

- ▶ Per Federal Emergency Management Agency (FEMA) guidelines, the following groups of individuals will be considered by the MCDH for housing:
 - ▶ Individuals exposed to COVID-19 but not requiring hospitalization;
 - ▶ Individuals who are COVID-19 positive needing isolation but not hospitalization (including those exiting from hospitals); and
 - ▶ Asymptomatic high-risk individuals needing social distancing as a precautionary measure
- ▶ Asymptomatic healthcare workers and first responders who are identified as exposed essential workers that need to return to work

Alternate Housing Site Stipulations

- ▶ This *is not* an alternate care site.
- ▶ Clients must be medically stable.
- ▶ ALL clients must go through an intake process by MCDH staff and agree to isolation/quarantine orders at the site.
- ▶ We also ask that potential clients read the behavioral/limited liability agreements before you contact MCDH with a potential referral.

AH Site Referral Numbers:

815-529-3233 from 8:00am-4:30pm

After hours: 815-344-7421 and ask for
the Nursing Supervisor on-call

RELEASING COVID-19 CASES AND CONTACTS FROM ISOLATION AND QUARANTINE



CASES

Must be isolated for a minimum of 10 days after symptom onset and can be released after afebrile and feeling well (without fever-reducing medication) for at least 72 hours.

OR
Has 2 negative COVID-19 tests in a row, with testing done at least 24 hours apart

Examples:

- A case that is well on day 3 and afebrile and feeling well for 72 hours must remain isolated through day 10.
- A case that is still symptomatic on day 10, and symptoms last until day 12, cannot be released until day 15.



Note: Lingerin cough should not prevent a case from being released from isolation.

CLOSE CONTACTS¹

Must be quarantined for 14 days after the last/most recent contact with the case when the case was infectious².

If a close contact develops symptoms, they should follow isolation rules for cases above.

Household Contacts:

Household contacts with separate living quarters between case and contacts: quarantine for 14 days after last exposure to case.

LTC residents or Household Contacts that share a room/living quarters (i.e. have ongoing contact with or exposure to the case): quarantine during contact and for 14 days after case is released from isolation.



¹ Close contacts include household contacts, intimate contacts, or contacts within 6 ft for 10 minutes or longer

Guidance for Healthcare Worker Contacts : <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html>

Guidance for Critical Workers in Essential Infrastructure: <https://www.cdc.gov/coronavirus/2019-ncov/community/critical-workers/implementing-safety-practices.html>

² Refer to case guidance above to determine when case is no longer considered infectious. Note that contact exposure timeframe would include the 48 hours prior to the case's symptom onset or positive test collection date, if applicable.

Return to Work Criteria for Symptomatic Healthcare Personnel with Suspected or Confirmed COVID-19 (either strategy is acceptable)

- *Symptom-based strategy.* Exclude from work until:
 - At least 3 days (72 hours) have passed *since recovery* defined as resolution of fever without the use of fever-reducing medications **and** improvement in respiratory symptoms (e.g., cough, shortness of breath); **and**,
 - At least 10 days have passed *since symptoms first appeared*
- *Test-based strategy.* Exclude from work until:
 - Resolution of fever without the use of fever-reducing medications **and**
 - Improvement in respiratory symptoms (e.g., cough, shortness of breath), **and**
 - Negative results of an FDA Emergency Use Authorized COVID-19 molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected ≥ 24 hours apart (total of two negative specimens)[1]. See [Interim Guidelines for Collecting, Handling, and Testing Clinical Specimens for 2019 Novel Coronavirus \(2019-nCoV\)](#). Of note, there have been reports of prolonged detection of RNA without direct correlation to viral culture.

CPR update

COVID-19 and Adult CPR

If an adult's heart stops and you're worried that they may have COVID-19, you can still help by performing Hands-Only CPR.



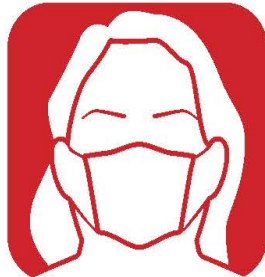
American
Heart
Association.

Step 1



Phone 9-1-1
and get an AED.

Step 2



Cover your own
mouth and nose
with a face mask
or cloth.



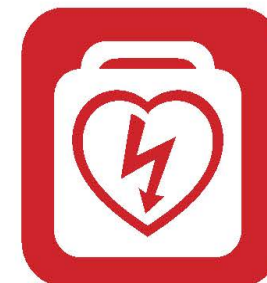
Cover the
person's mouth
and nose with
a face mask or
cloth.

Step 3



Perform
Hands-Only CPR.
Push hard and fast on
the center of the chest
at a rate of 100 to 120
compressions
per minute.

Step 4



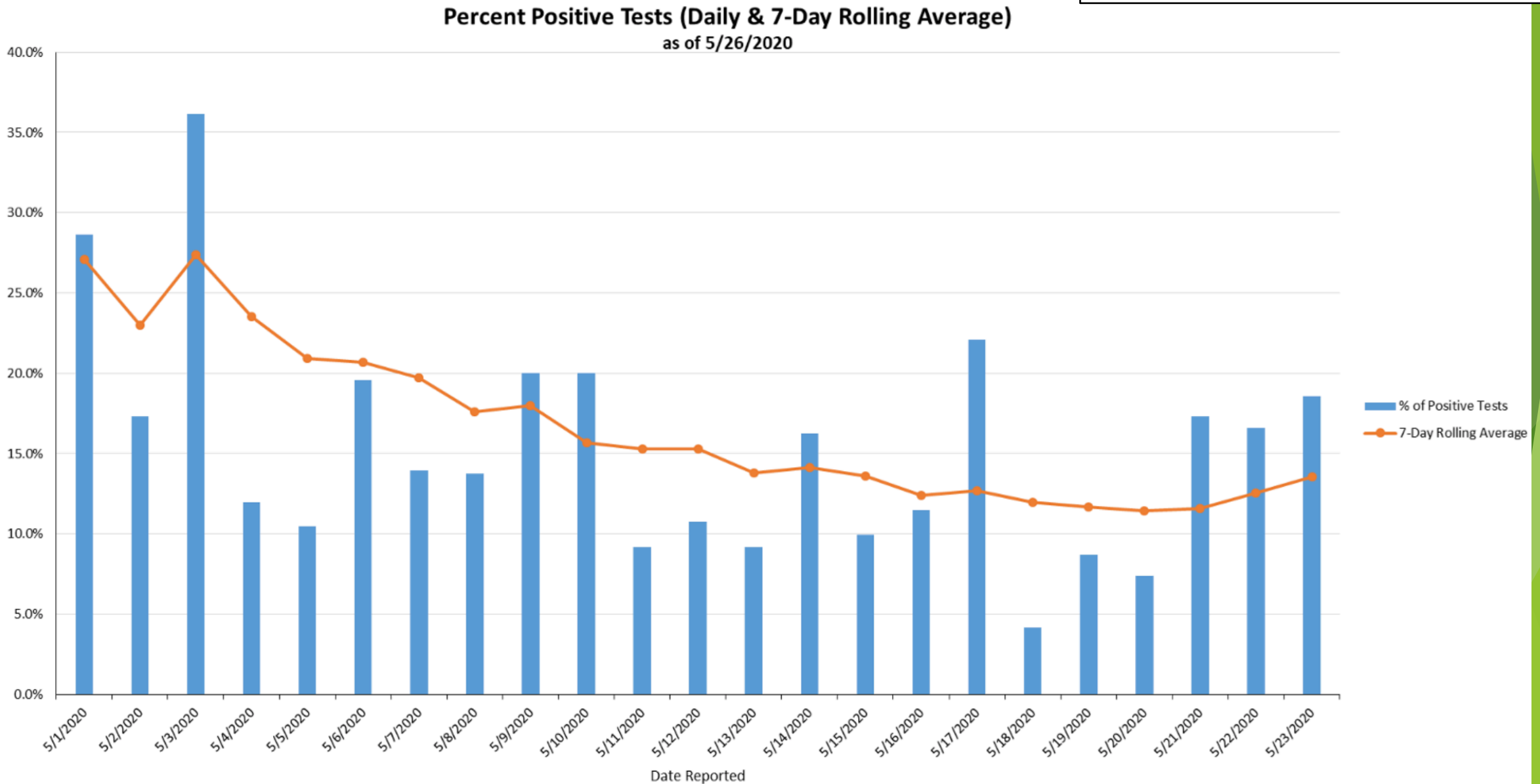
Use an AED as
soon as it is
available.

Restore Illinois

Phase 1 Rapid Spread	Phase 2 Flattening	Phase 3 Recovery	Phase 4 Revitalization	Phase 5 Illinois Restored
<p>Strict stay at home and social distancing guidelines are put in place, and only essential businesses remain open.</p> <p>Every region has experienced this phase once already and could return to it if mitigation efforts are unsuccessful.</p>	<p>Non-essential retail stores reopen for curb-side pickup and delivery.</p> <p>Illinoisans are directed to wear a face covering when outside the home and can begin enjoying additional outdoor activities like golf, boating & fishing while practicing social distancing.</p>	<p>Manufacturing, offices, retail, barbershops and salons can reopen to the public with capacity and other limits and safety precautions.</p> <p>Gatherings of 10 people or fewer are allowed.</p> <p>Face coverings and social distancing are the norm.</p>	<p>Gatherings of 50 people or fewer are allowed, restaurants and bars reopen, travel resumes, child care and schools reopen under guidance from the Illinois Department of Public Health.</p> <p>Face coverings and social distancing are the norm.</p>	<p>The economy fully reopens with safety precautions continuing.</p> <p>Conventions, festivals and large events are permitted, and all businesses, schools and places of recreation can open with new safety guidance and procedures.</p>

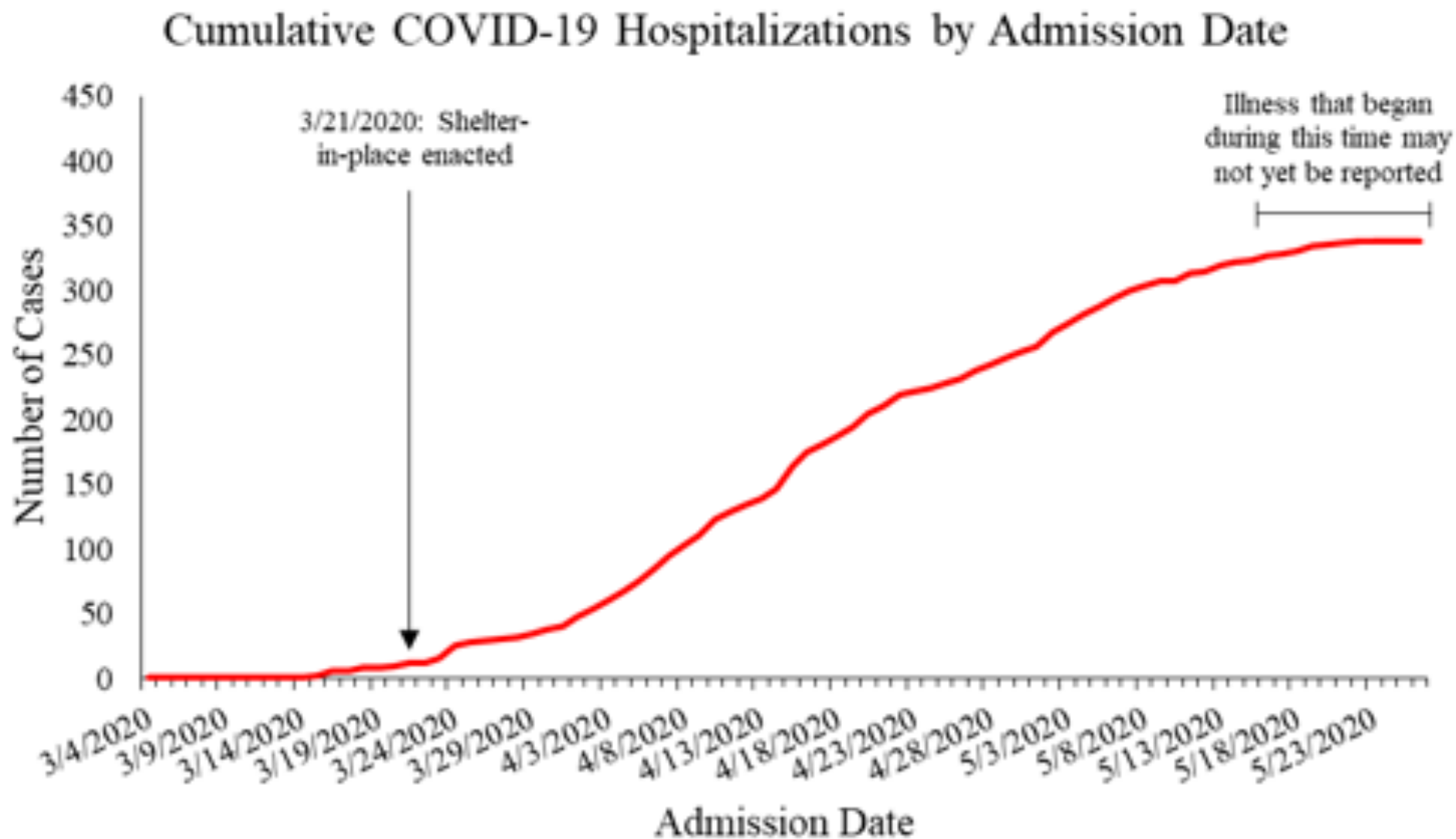
McHenry County Positivity Rate

*All data is provisional as of 5/26/20 and is subject to change.

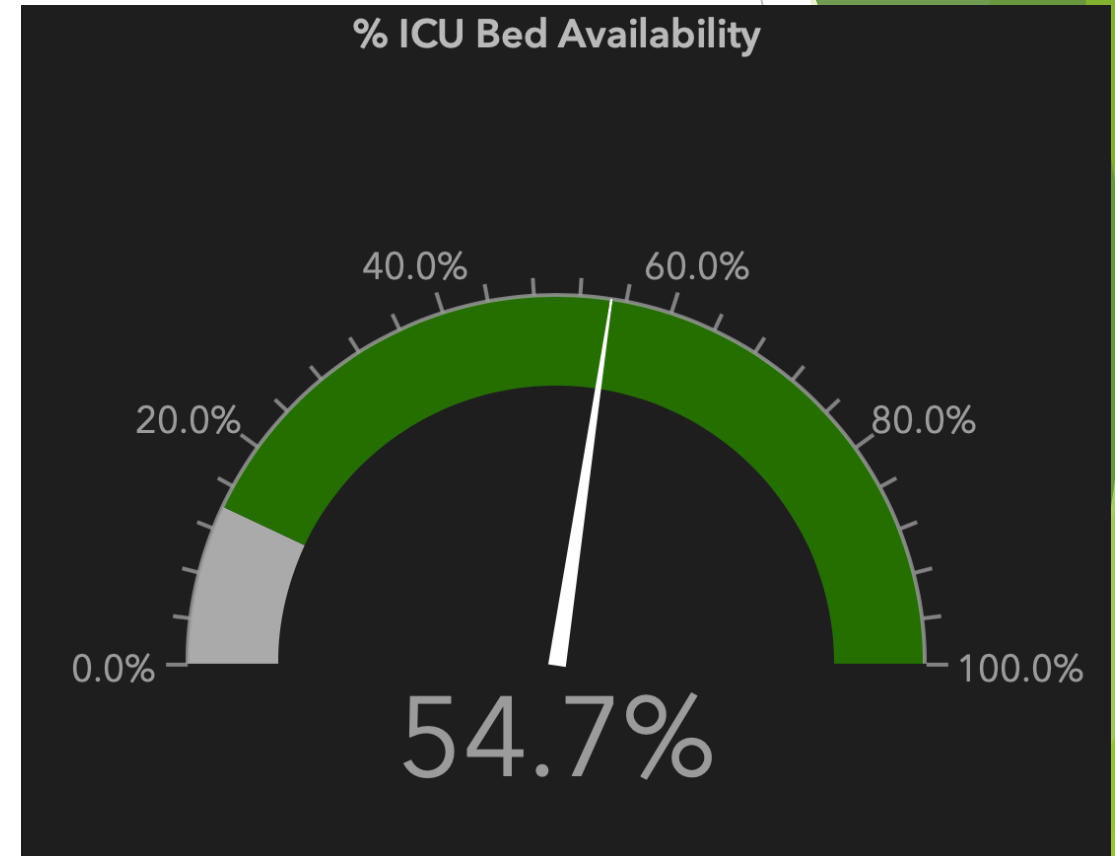
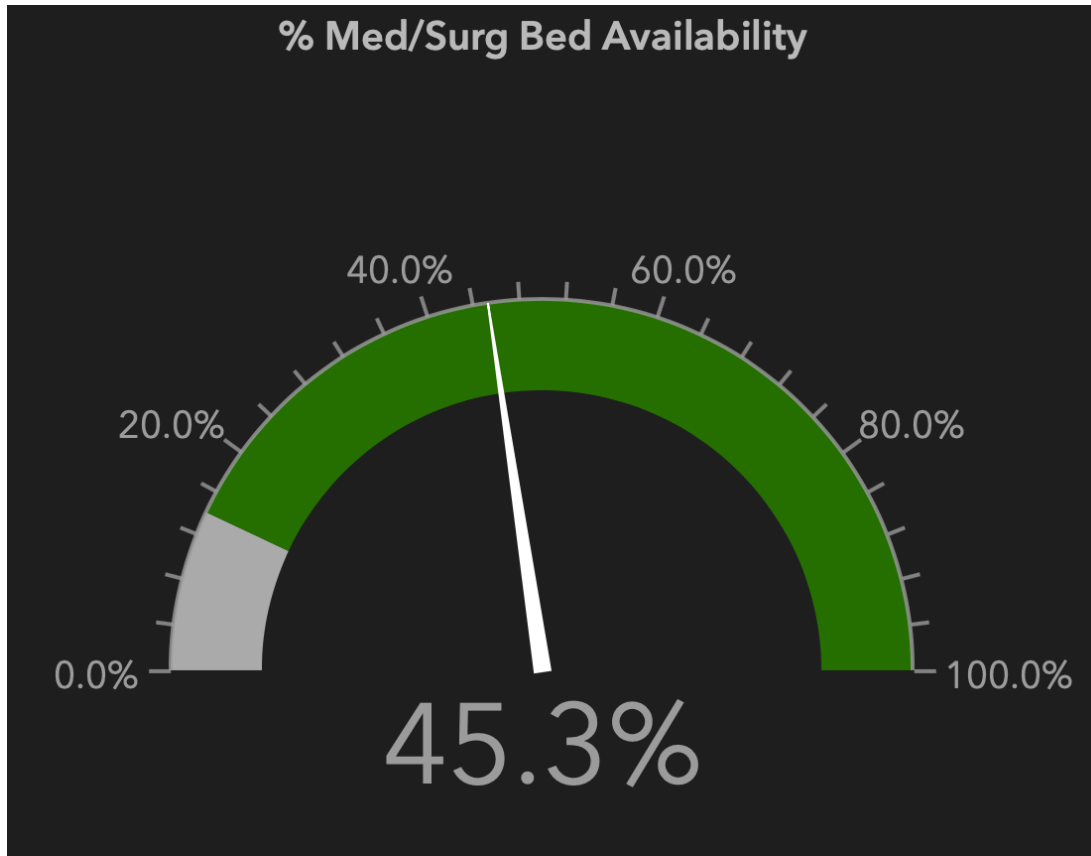


Hospitalization Rates

*All data is provisional as of 5/26/20 and is subject to change.



Surge Capacity



*All data is provisional as of 5/26/20 and subject to change.

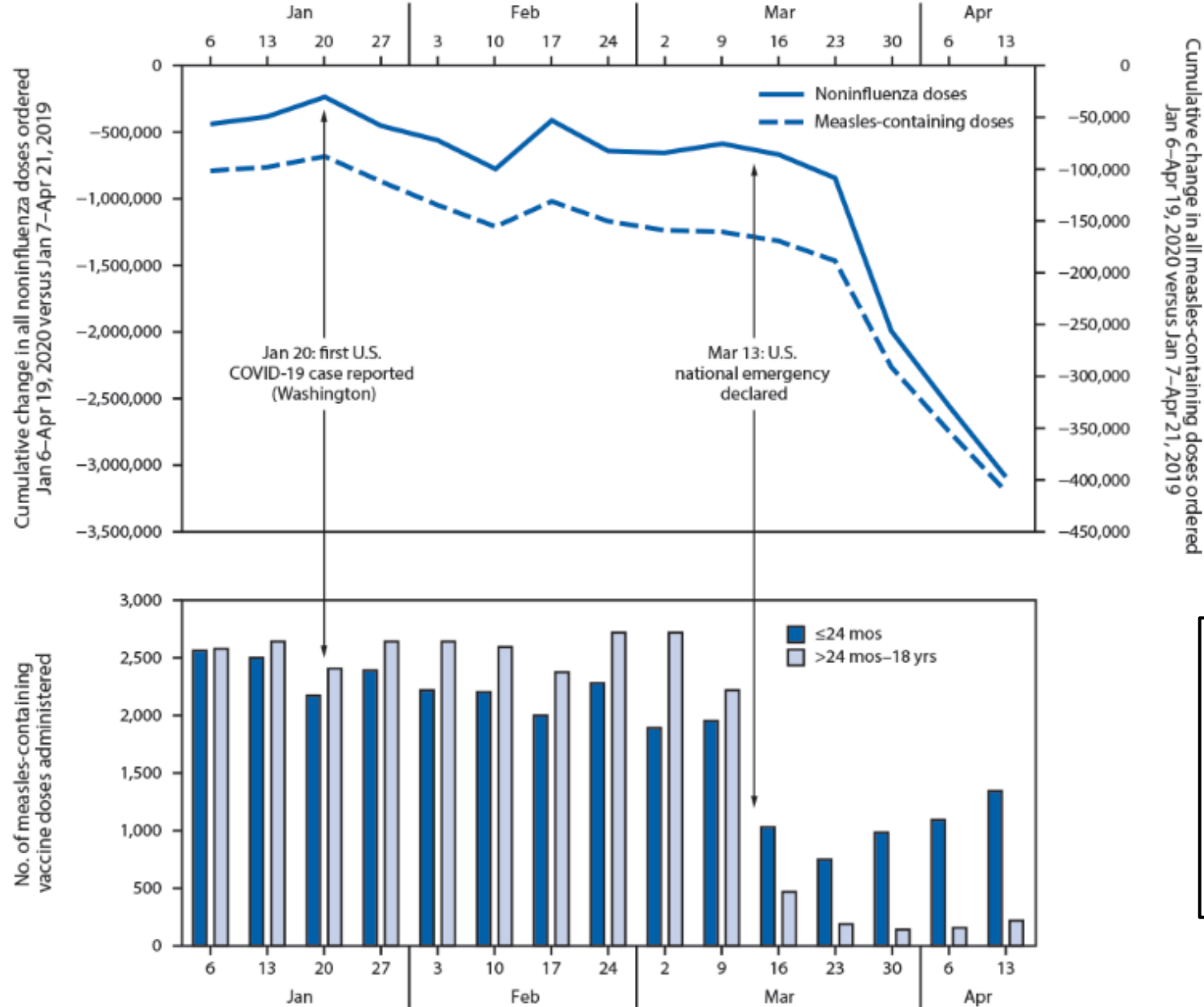
Resume McHenry County

- ▶ METRICS FOR MOVING FROM Phase 2-4 per IDPH
 - ▶ COVID positivity <20%
 - ▶ No increase in COVID admissions for 28 days
 - ▶ 14% bed capacity available for surge
 - ▶ Testing available to anyone
 - ▶ Contact tracing begins within 24 hours of +test
- ▶ MCDH partnering with community partners to assist with information for safe transition to Phase 3 and 4 [Community IC Measures](#)
[IDPH Guidelines for Phase 3](#)
- ▶ Will monitor metrics closely as members of community leave their home to attend opened businesses and services under phase 3
- ▶ New grant monies received to assist county
 - ▶ Increase staff for expected surge in contract tracing needs
 - ▶ Facilitate expanded testing as needed

Enforcement

- ▶ MCDH role in COVID response is to give guidance in support of the core public health principles in an effort to provide a safe environment for all in McHenry County
- ▶ Orders of Isolation/Quarantine
- ▶ In the event of any outbreak, MCDH has authority to intervene as necessary to assess infection control, give science based guidance and assure public safety
- ▶ Governor Pritzker has discussed fines for rule breakers, no arrests
- ▶ Local law enforcement not expected to arrest, but are responding to some public complaints

Immunization Decline during COVID-19



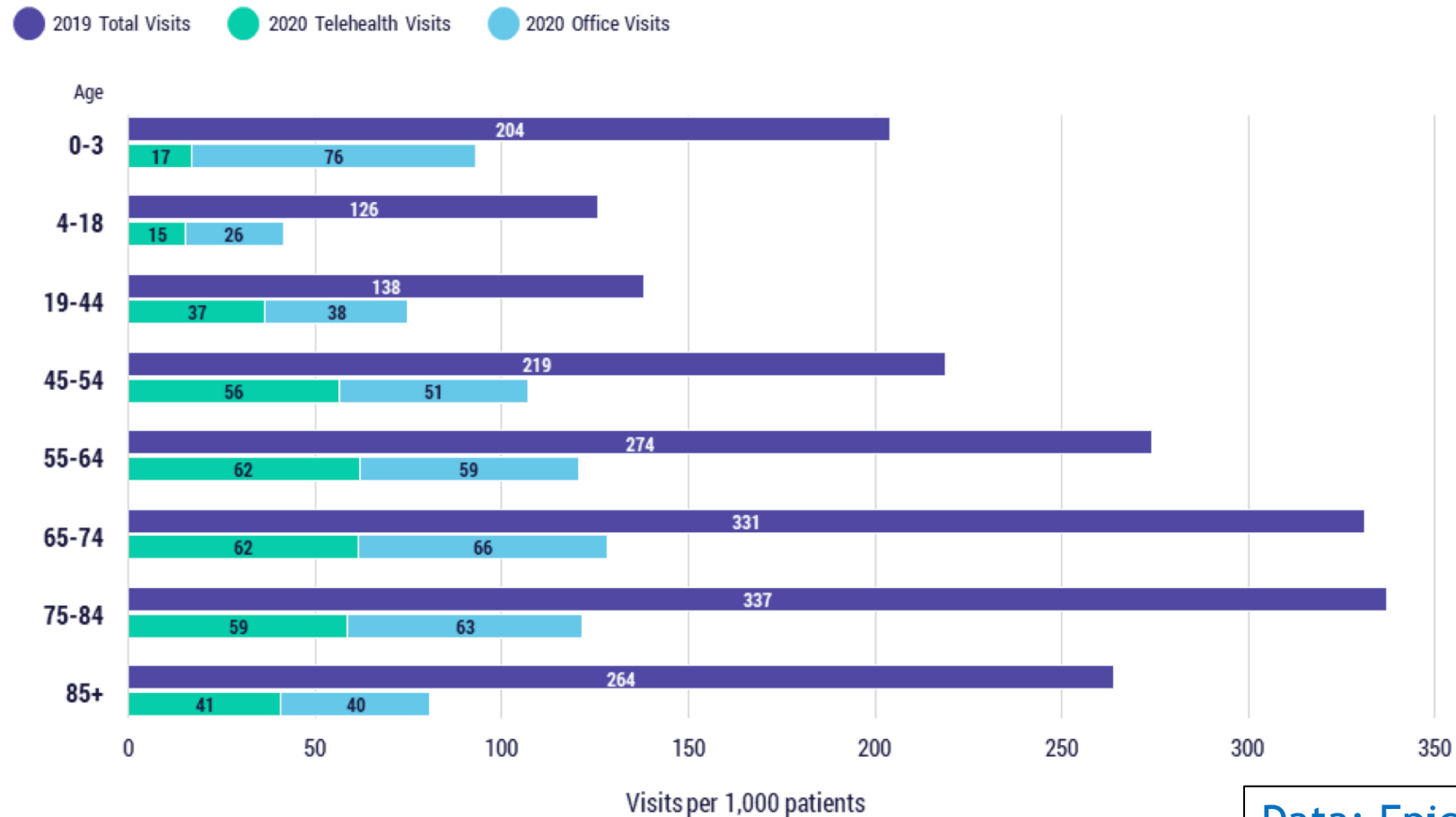
Santoli JM, Lindley MC, DeSilva MB, et al. Effects of the COVID-19 Pandemic on Routine Pediatric Vaccine Ordering and Administration – United States, 2020. MMWR Morb Mortal Wkly Rep. ePub: 8 May 2020

Other Healthcare “Costs” of COVID-19

Care Volume During COVID-19 Pandemic

March 15 to April 14 Care Volume in 2019 vs 2020

n = 7 million



Data: Epic Health Research Network

Safely Returning Patients to Office

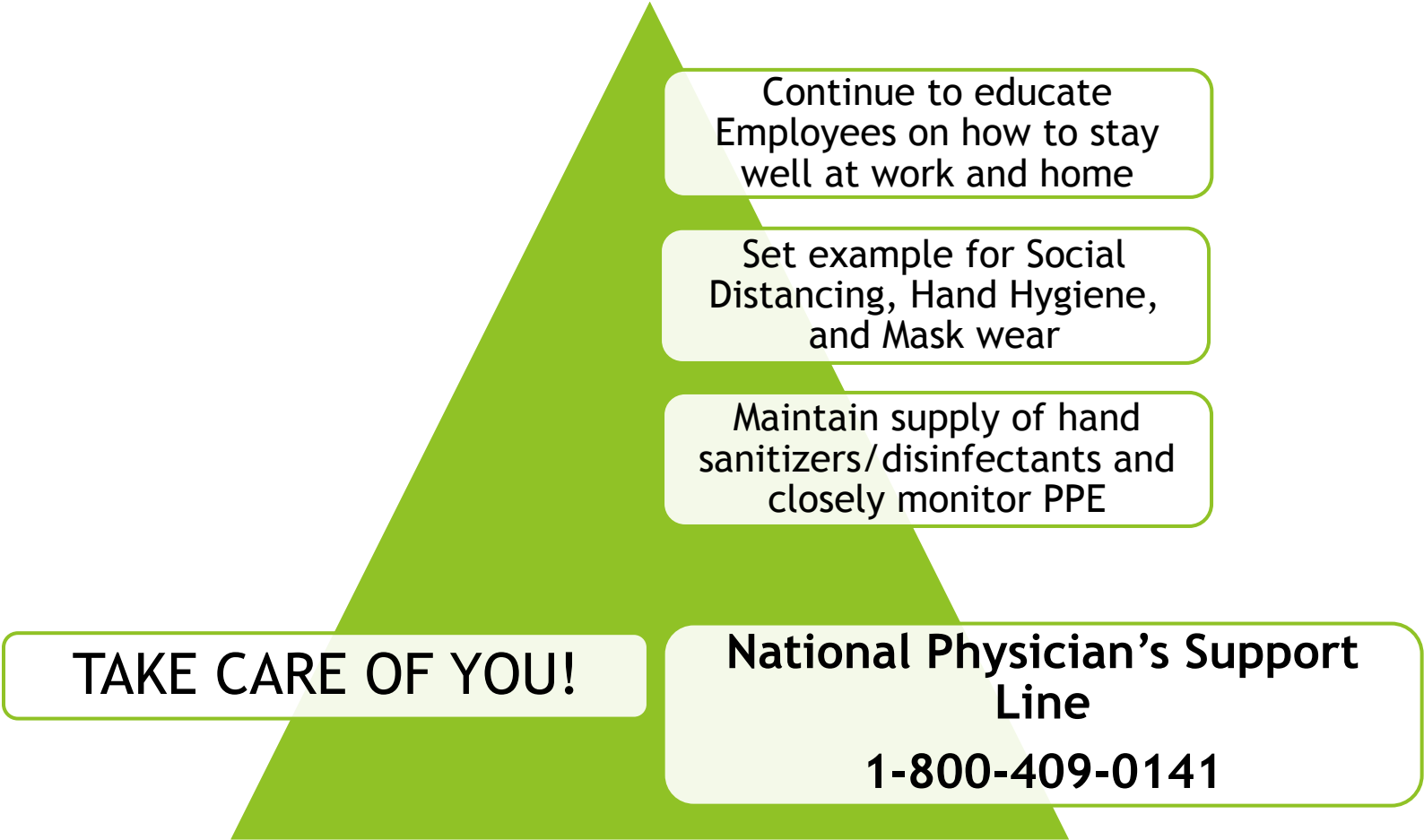
- ▶ Continue to provide care in safest way possible
- ▶ Assure adequate PPE and staff; Full time Facemasks
- ▶ Reassess COVID infection control practices/supplies for office
- ▶ Consider reduced schedules, create weekend and evening hours to accommodate backlogs
- ▶ Prioritize patients that deferring care would result in harm
- ▶ Use EMR to identify at-risk, vulnerable patients including children under 2 with delayed immunizations and those without access to telehealth care
- ▶ Notify patients regarding safety practices in office and availability for appointments (text/email)

OPEN DISCUSSION: BEST PRACTICES

[CDC Non-COVID Healthcare](#)

[CDC infection control HCP](#)

Until Vaccine/Treatments Developed



Continue to educate
Employees on how to stay
well at work and home

Set example for Social
Distancing, Hand Hygiene,
and Mask wear

Maintain supply of hand
sanitizers/disinfectants and
closely monitor PPE

TAKE CARE OF YOU!

**National Physician's Support
Line**

1-800-409-0141

CDC Help

Clinician On-Call Center



The **Clinician On-Call Center** is a 24-hour hotline with trained CDC clinicians standing by to answer COVID-19 questions from healthcare personnel on a wide range of topics, such as diagnostic challenges, clinical management, and infection prevention and control. To reach this service, call [800-CDC-INFO \(800-232-4636\)](tel:800-232-4636) and ask for the Clinician On-Call Center.

Another physician#: CDC's 24-hour Emergency Operations Center at 770-488-7100.

QUESTIONS



THANK YOU!



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